

# Walking with the Risen Christ

7 Marks Of A Healthy Cell Group

Luke 24:13-35; 1 Corinthians 10:23-33

## 1. THE RISEN CHRIST IS THE FOCUS

**Luke 24:15** As they talked and discussed these things with each other, Jesus himself came up and walked along with them.

*1.1 Christ-aware*

*1.2 Christ-directed*

## 2. THE RISEN CHRIST SPEAKS TO US

**Luke 24:27** And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.

*2.1 Listen with heart and mind*

## 3. THE RISEN CHRIST ENCOURAGES US TO BE HONEST WITH HIM AND WITH EACH OTHER

**Luke 24:17b** They stood still, their faces downcast.

*3.1 Honest Sharing*

*3.2 Loving listening*

## 4. THE RISEN CHRIST CARRIES OUR BURDENS AND ENCOURAGES US TO CARRY EACH OTHER'S BURDENS

**Luke 24:21a** But we had hoped that he was the one who was going to redeem Israel.

*4.1 A loving relationship*

*4.2 A caring community*

## 5. THE RISEN CHRIST INVITES OTHERS TO HIMSELF THROUGH US

**Luke 24:29** But they urged him strongly, 'Stay with us, for it is nearly evening; the day is almost over,' So he went in to stay with them.

*5.1 Love God*

*5.2 Welcome people*

## 6. THE RISEN CHRIST CALLS US TO WITNESS FOR HIM

**Luke 24:33** They got up and returned at once to Jerusalem. There they found the eleven and those with them, assembled together.

*6.1 Exist to witness*

## 7. THE RISEN CHRIST MEETS WITH US OVER MEALS

**Luke 24:30-31** When he was at the table with them, he took bread, gave thanks, broke it, and began to give it to them. Then their eyes were opened and they recognised him, and he disappeared from their sight.

*7.1 Share meals together*

*7.2 A place of welcome and value*