

MY LORD AND MY GOD

Acts 10:34-43, John 20:24-32

1. Unless I See

John 20: 25 So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the mark of the nails, and place my finger into the mark of the nails, and place my hand into his side, I will never believe."

2. Overcome Disbelief

John 20: 26-27 "Eight days later, his disciples were inside again, and Thomas was with them. Although the doors were locked, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side. Do not disbelieve, but believe."

3. Blessed

John 20: 28 - 29 "Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have believed."

Questions for application in Cell Groups

1. How does the story of Thomas help us in our faith? Identify someone whom you feel is struggling with their faith and outline some steps you can take to lend a helping hand.
2. Read John 20:30-31 and share how you feel that the scriptures is speaking to you. How does the resurrection help us to live as a believer?